

# WORTHING MENCAP NEWS

Worthing Mencap Newsletter

Autumn 2016

## We have had an exciting summer

### A message from Liz

*You will be pleased to know that Buddys and our Charity Shop continue to flourish under the committed and enthusiastic staff and volunteers, so may I offer our very grateful thanks to them all. We still need people who could come and volunteer in our Café, so if you know of anyone who would be interested, please tell them to get in touch with us as we would be delighted to hear from them.*

*Can I also encourage you to view our newly compiled website —[www.worthingmencap.org](http://www.worthingmencap.org)*

*We believe this is an excellent way of communicating all the services, events, clubs and activities that we provide to support people with learning disabilities, their families and carers. The contents of the website will ensure that an informative and interesting overview can be seen of all that Worthing Mencap has proudly achieved over many years.*

*Liz (Chair of Worthing Mencap)*

### Broadwater Carnival and Fire Station Open Day



The weather was glorious for the Broadwater Carnival & Fire Station Open Day in July.

At the Fire Station we had a refreshments stall selling delicious homemade cakes donated by our lovely volunteers and over on the green we had a vintage stall selling all sorts of interesting objects.

### Buddys Music Concert

Sunday 2nd October, 2-4pm at Queen Street Church Hall



Come along for a wonderful afternoon of musical performances.

Refreshments, homemade cakes, raffle



Tickets: Adults £4, children £1

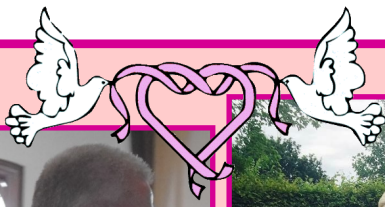


### Saywell Track Day

In July, Worthing Mencap was given the fantastic opportunity to raise funds at the Goodwood Track Day organised by Mr & Mrs Saywell of Saywell International.

Some of our members were treated to an exhilarating ride around the track in one of the supercars. We are very grateful to Mr & Mrs Saywell for their kind generosity.





## Wedding Congratulations

*Congratulations to Nicola & Robert and Richard & Sarah who got married in the Summer.*



## Sidney Wakeham



Many of you will know that Sid Wakeham (our beloved Father Christmas at the annual Fayre) died recently after a long illness.

We will always remember Sid with much love and affection and particularly for his kindness and patience with the children and our members who visited him in his beautiful Grotto.

A donation has been sent to the Friends of Worthing Hospitals in memory of Sid and we extend our thoughts and deepest sympathy to his family.



## Headway West Sussex Sponsored Cycle Ride

In June Buddys Café were proud to host a refreshment post during the Headway Sponsored Cycle Ride organised by George Ide Solicitors.

Headway West Sussex support those whose lives have been forever changed by brain injury.

A group of 15 cyclists rode over 90 miles across the county stopping off at the places where Headway West Sussex holds its monthly support groups.

The day was a huge success with approximately £6000.00 raised for Headway West Sussex to date



*'Thank you Buddys for providing a great place for our riders to stop and meet with some of our Support Group Members.'*

## Diary Dates

**Sunday 2nd October, 2-4pm—Buddys Music Concert at Queen Street Church**

**Thursday 27th October, 7-10pm—Blue Starfish Clubnight at the Assembly Rooms**

**Saturday 26th November, 9.30-1pm—Christmas Fayre at the Assembly Rooms**

## Donations

We are very fortunate that people fundraise for Worthing Mencap in a variety of ways.

Our grateful thanks go to:

A lady who wishes to remain anonymous who donated £100 to buy new clothes rails for the shop

Mr & Mrs Longman for their donation of £93 from the opening of their garden at the East Preston Open Gardens event & a table top sale.

Terry Webb for raising money for Worthing Mencap by running in the Worthing 10k Road Race

Mind Tools UK for their kind donation of £166.33

Mr & Mrs Horner who donated £50 on the event of their diamond wedding anniversary

Clapham & Patching Horticultural Society who presented us with a donation of £326 at their recent garden fete.

## Contact Us

For further information

Tel: 01903 202030 email: [buddys@worthingmencap.org](mailto:buddys@worthingmencap.org)

Website: [www.worthingmencap.org](http://www.worthingmencap.org)

Address: 121 South Farm Road, Worthing, BN14 7AX